

SEAWAY 176,590 DISTRIBUTION



TOTAL WEEKLY EMC DISTRIBUTION 500,000

Kingston EMC

K7N Zone 1	2844
K7P Zone 2	1400
K7M Zone 3	1604
K7P Zone 4	1643
K7M Zone 5	1156
K7M Zone 6	3787
K7P Zone 7	2752
K7M Zone 8	2426
K7M Zone 9	2367
K7M Zone 10	2869
K7L Zone 11	3612
K7K Zone 12	2373
K7K Zone 13	2105
K7K Zone 14	2320
K7K Zone 15	2660

K7L RR1	676
K7L RR2	481

KOH Wolfe Island	637
KOH Seeley's Bay	668
KOH Joyceville	223
K7G Howe Island	250
KOH Glenburnie	644
K7P Westbrook	423
KOH Odessa	1198
KOH Bath	1639
KOH Stella/Amherst	203
K7L RR3	254
K7L RR6	389
K7L RR8	408

Total Kingston EMC 44,011

Frontenac EMC

KOH 2T0 Sydenham	1,167
KOH 1V0 Harrowsmith	940
KOH 1W0 Hartington	385
KOH 2W0 Verona	618
KOH 1X0 Inverary	971
KOH 1H0 Battersea	568
KOH 1X0 Perth Road Village	750
KOH 1M0 Elginburg	641
KOH 1T0 Godfrey	406
KOH 2Y0 Tichborne	231
KOH 2K0 Parham	203
KOH 2P0 Sharbot Lake	500
KOH 1B0 Arden Mountain Grove	805

Total Distribution 8,185
Combined 2 Zone Total 52,196

St. Lawrence EMC - Brockville & Prescott

K6V Brockville City	9,593
Brockville RR's	2605
KOE 1T0 Prescott Town	2,012
Prescott RR's	1581
KOE 1M0 Lyn	100
Lyn RR1	400
KOE 1R0 Mallorytown	215
Mallorytown RR's	1,232
KOE 1B0 Athens	225
Athens RR's	875
KOE 1P0 Maitland	325
KOG 1R0 North Augusta	125
North Augusta RR's	351
KOE 1B0 Addison	51
Addison RR1	243

KOE 1X0 Spencerville	260
Spencerville RR's	797
KOE 1E0 Cardinal	455
Cardinal RR1	288
KOE 1N0 Lyndhurst	111
Lyndhurst RR's	351

KOE 1G0 Delta	164
Delta RR1	181
KOE 1L0 Lansdowne	165
Lansdowne RR's	900
KOE 1C0 Brinston	40
Brinston RR1	425

KOE 1K0 Iroquois	314
Iroquois RR's	776
K7G Gananoque Town	2,148
Gananoque RR's	815
Total	28,123

Quinte West

KOK 1E0 Batawa	120
KOK 1H0 Brighton & RR's	4,564
KOK 1L0 Carrying Place & RR's	1,544
KOK 1R0 Codrington	280
KOK 2C0 Frankford & RR's	2,469
K8V 4N0 Trenton	8,177
Trenton RR's	2,899
KOK 3M0 Wooler	350
KOK 1S0 Colborne & RR's	2,279
KOK 1T0 Coneseque & RR's	654
Total	23,336

Belleville

K8P 5J0 Belleville	15,720
Belleville RR's	2,803
Montrose	595
KOK 1K0 Cannifton	296
KOK 1V0 Corbyville	600
KOK 2B0 Foxboro	792
KOK 2N0 Marysville	258
KOK 2Y0 Plainfield	529
KOK 1M0 Roslin	564
KOK 3A0 Shannonville	665
KOK 1A0 Ameliasburg	325
Total	23,147

Northeast (Stirling)

KOK 1Y0 Eldorado	339
KOH 1P0 Flinton	278
KOH 1Z0 Kaladar	200
KOK 2K0 Madoc	2,223
KOK 2M0 Marmora	2,065
KOL 1P0 Gilmour	385
KOK 3C0 Springbrook	179
KOK 3E0 Stirling & RR's & Thomasburg	3,081
KOK 3J0 Tweed & RR's	2,568
Total	11,338

Northwest (Campbellford)

KOL 1L0 Campbellford & RR's 1,2,4,5	3,545
KOL 1Y0 Hastings & RR's	1,585
KOL 1Z0 Havelock & RR's	2,248
KOL 2B0 Indian River & RR's	404
KOL 2V0 Norwood & RR's	1,479
KOK 2X0 Roseneath & RR's	1,023
KOL 2Z0 Trent River	165
KOK 3K0 Warkworth	1,054
KOL 3A0 Warsaw	459
KOL 1Y0 Westwood	54
Total	12,016
Combined 4 Zone Total	69,337

Napanee Beaver

K7R 1H9 Zone 1 West	1820
K7R 1H9 Zone 1 West	1479
K7R 1H9 Apartments	560
Napanee RR's 2-8	2547
KOH 1G0 Bath	425
KOH 1G0 RR 1, 2 & 3	830
KOK 2H0 Odessa	300
KOK 2H0 RR 1, 2 & 3	750
KOH 2S0 Stella	100
KOK 1J0 Camden East	75
KOK 1N0 Cenreville	125
KOK 1X0 Deseronto	742
KOK 1X0 RR#1	978
KOK 2N0 Marysville	312
KOK 2S0 Newburgh	375
KOK 2Z0 Roblin & Selby	630
KOK 3A0 Shannonville	360
KOK 3G0 Tamworth	435
KOK 3N0 Yarker	915
KOH 1Z0 Enterprise	425
KOH 2A0 Erinsville	300
KOK 2L0 Marlbank	165
Store copies	319
Total Distribution	14,967

Pictou Gazette

KOK 2T0 Zone 1	5601
KOK 1A0 Ameliasburg Town	46
KOK 1A0 Ameliasburg RR's	257
KOK 1G0 Bloomfield Town	453
KOK 1G0 Bloomfield RR's	418
KOK 1L0 Carrying Place	590
KOK 1P0 Cherry Valley	127
KOK 1P0 Cherry Valley RR's	172
KOK 1T0 Conesecon Town	189
KOK 1T0 Conesecon RR's	471
KOK 1W0 Demorestville Town	87
KOK 1W0 Demorestville RR's	259
KOK 2J0 Hillier	205
KOK 2P0 Milford Town	107
KOK 2P0 Milford RR's	255
K8N 4Z7 Rossmore	841
KOK 3L0 Wellington Town	800
KOK 3L0 Wellington RR's	389
Offices & Stores	700
Total Print Requirement	11,967